

SEPTEMBER 2026

Machias Schools Foodservice Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7 Holiday	1 Breakfast: Muffin/yogurt Lunch: Chicken fries Roasted potato Veggie Fruit	2 Breakfast: Breakfast pizza Lunch: Mac and cheese Brown hot dog in bun Veggie Fruit	3 Breakfast: Hash brown/sausage link Lunch: Turkey and cheese sandwich Buttery Noodles Vegetable Fruit	4 Breakfast: Waffle Bar Lunch: Personal pan cheese pizza Loaded veggie pasta salad Fruit Cookie
14 Breakfast: Cereal/Blueberry smoothie Lunch: Chicken burger Curly fries Veggie Fruit	8 Breakfast: French toast stick/bacon Lunch: Walking Taco Brown rice Veggie Fruit	9 Breakfast: Breakfast Pizza Lunch: Corn Dogs Baked beans Veggie Fruit	10 Breakfast: Breakfast sandwich w ham Lunch: Beef Chili Corn bread muffin Veggie Fruit	11 Breakfast: Breakfast bread/yogurt Lunch: Pizza sticks/marinara Baked lays Veggie Fruit
21 Breakfast: Muffin/Yogurt Lunch: Boneless Teriyaki chicken wings Fried rice Veggie egg roll Fruit	15 Breakfast: Sausage Tomados Lunch: Soft taco with lettuce and cheese Black beans and rice Veggie Fruit	16 Breakfast: Breakfast Pizza Lunch: Spaghetti and meatballs Garlic toast Veggie Fruit	17 Breakfast: Sweet potato waffle fries/yogurt Lunch: Fish sticks Mashed potato Veggie Fruit	18 Breakfast: French toast sticks with Berries and cream Lunch: Personal Pan Pizza Sun chips Veggie Fruit
28 Breakfast: Blueberry Smoothie/cereal Lunch: Hamburger with or without cheese WW Bun French fries Veggie Fruit	22 Breakfast: Mini hash browns/cereal Lunch: Chicken fajita Spanish rice Veggie Fruit	23 Breakfast: Breakfast Pizza Lunch: Ham and cheese on potato bun Potato wedges Veggie Fruit	24 Breakfast: Ham breakfast sandwich on bagel Lunch: Chop suey Potato stick Cheesy bread stick Veggie Fruit	25 Breakfast: Scone/sausage links Lunch: Pepperoni Personal Pan pizza Roasted maine potato Veggie Fruit Cookie
29 Breakfast: French toast stick/bacon Lunch: Walking Taco Wild and brown rice Veggie Fruit	30 Breakfast: Breakfast Pizza Lunch: Build your own chicken Alfredo Yeast roll Veggie Fruit			

Breakfast is served with Fresh Fruit, Juice and Milk with Choice of Main Menu or Cereal Daily. Lunch is served with Milk, Fruit and Vegetables daily. Salad Bar is served to grades 3-8 Monday-Thursday unless half day. "USDA IS AN EQUAL OPPORTUNITY EMPLOYER"