

OCTOBER 2026

Machias Schools Foodservice
Breakfast and Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast

Toasty Bagel with bacon
Lunch
Deconstructed meatballs, sauce
And pasta
Garlic bread
Veggie
Fruit

5

Breakfast

French toast sticks w go hurt
Lunch
Soft taco
Spanish rice
Veggie
Fruit

6

Breakfast

Breakfast pizza
Lunch
BBQ pork rib sandwich
Sweet potato fries
Veggie
fruit

7

Breakfast:

Cheese Omelet with biscuit
Lunch
Chicken burger
Tater tots
Veggie
Fruit

1

Breakfast

Pancake bar with sausage
Lunch
Pizza
Fox Hill Potato chips
Caesar salad
Fruit

2

Breakfast

Cereal and breakfast bread
Lunch
Pizza crunchers
Baked lays
Veggie
Fruit
cookie

9

Breakfast

Breakfast sandwich on
Croissant
Lunch
Popcorn chicken
Mac and cheese
Veggie
Fruit

8

Breakfast

Sausage and French toast
Tornado
Lunch
Stuffed cheese bread sticks w sauce
Roasted potato
Veggie
Fruit

16

Breakfast

Cinnamon bun
W yogurt
Lunch
Shepherds pie
Corn bread muffin
Veggie
Fruit

15

Breakfast

Breakfast pizza
Lunch
Turkey, cheese, lettuce sandwich
Emoji fries
Veggie
Fruit

14

Holiday

12

Teachers workshop

13

Breakfast:

Breakfast wake up wrap
Lunch
Chicken wings
Whipped potato
Veggie
Fruit

19

Breakfast

Blueberry smoothie/ cereal
Lunch
Grilled Cheese
Tomato soup
Veggie
Fruit

20

Breakfast

Breakfast pizza
Lunch
Lasagna
Garlic toast
Veggie
Fruit

21

Breakfast

Pumpkin muffin/yogurt
Lunch
Chili
Hot dog on bun
Veggie
Fruit

22

Breakfast

Cereal and toast
Lunch
Personal pan pizza
Sun chips
Veggie
Fruit

23

Breakfast

Baby cake hash browns
Sausage links
Lunch
Chicken nuggets
Wild rice pilaf
Veggie
Fruit

26

Breakfast

Scone and yogurt
Lunch
Soft taco
Black bean and rice
Veggie
Fruit

27

Breakfast

Breakfast pizza
Lunch
Chicken Pot Pie w stuffing crust
Dinner roll
Veggie
Fruit

28

Breakfast

Breakfast sandwich
Lunch
Ham and cheese sandwich
With lettuce
Potato wedges
Veggie
Fruit

29

Breakfast

Spider Donuts w yogurt
Lunch
Spooky English muffin pizza
Chips baked bat wings(chips)
Delicious veggie
Sparkly Fruit

30

Breakfast is served with Fresh Fruit, Juice and Milk with Choice of Main Menu or Cereal Daily. Lunch is served with Milk, Fruit and Vegetables daily. Salad Bar is served to grades 3-8 Monday-Thursday unless half day. "USDA IS AN EQUAL OPPORTUNITY EMPLOYER"